Vol. 68 — No. 20 — COMPANY C FRIDAY, JUNE 27, 2008 WWW.MCRDSD.USMC.MIL

Commanding General's 2008 Independence Day Message

On July 4th, 1776 the Second Continental Congress adopted the Declaration of Independence and embarked on an experiment in democracy, which has continued for the last 232 years. Passed on from one generation of Americans to the next, this experiment has become a vanguard of "Life, Liberty and the Pursuit of Happiness" for all nations throughout the world. Each year on this day Americans everywhere celebrate the birth of our country, honor those visionaries who conceived the idea that "all men are created equal," and remember the sacrifices of every man and woman who has fought, bled or died to defend the Constitution of the United States against all enemies, foreign or domestic.

A founding father of our country, Samuel Adams, once said "The liberties of our country, the freedom of our civil Constitution, are worth defending at all hazards; and it is our duty to defend them against all attacks. We have received them as a fair inheritance from our worthy ancestors: they purchased them for us with toil and danger and expense of treasure and blood, and transmitted them to us with care and diligence. It will bring an everlasting mark of infamy on the present generation, enlightened as it is, if we should suffer them to be wrested from us by violence without a struggle, or to be cheated out of them by the artifices of false and designing men." Samuel Adams' words remind us that there will always be those who threaten our way of life, that freedom is earned, and that each generation must pay a price to preserve

America for the next generation. I would like to personally thank all of you, on behalf of a grateful nation, for the hard work and dedication that you exhibit on a daily basis to preserve the legacy of our forefathers. You are doing an outstanding job, and I am very proud of you all.

As stewards of our nation and way of life, we have a responsibility this 4th of July not only to enjoy ourselves, but to be mindful of safety and observe proper Operational Risk Management. The San Diego summer brings with it beautiful weather, which is accompanied by certain hazards that we must all be aware of: ensure that you and your families are drinking plenty of water to avoid succumbing to heat-related injuries; if traveling, make sure that you are well rested and your vehicle is properly maintained; do not drink and drive; and if you are taking advantage of our beautiful oceans and bays, make sure that you understand all boating laws, observe all safety regulations, and remember that drinking while operating a boat is not only dangerous, it is illegal. Above all relax, enjoy your time with loved ones, and return well rested and in good health. You are all vital to our nation and the continuing success of our Corps. Have a great Independence Day and Semper Fidelis!

A. SALINAS
Brigadier General
U.S. Marine Corps
Commanding General

Hands-free cell phone laws effective July 1

BY GUNNERY SGT. LAURA GAWECKI Chevron staff

On July 1, two state laws affecting the use of cell phones while driving will take effect. The first law prohibits all drivers from using handheld wireless telephones while driving. Drivers age 18 and over must use an ear piece or similar hands-free device. The other law also taking effect July 1, prohibits drivers under age 18 from using a wireless or hands-free device while driving.

"The under eighteen law is going to be a big difference (in affecting traffic safety)," said California Highway Patrol spokesperson, Jaime Coffee. "They (those under age 18) can't send messages to their friends or text, and this will remove the distractions so that they can focus on the task at hand: driving."

California is one of 14 states, and the District of Columbia, to prohibit cell phone use by those under 18, according to the American Automobile Association.

Those 18 and over are still free to text message. However, an officer can pull over and cite drivers of any age if the officer believes the driver

was distracted and not operating the vehicle safely, according to the law.

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The fine for the first offense is \$20. Subsequent convictions are \$50

Violators will not receive a point on their driver's licenses if convicted of driving while using a hand-held device, but the violation will appear on their driving record, according to the California Highway Patrol media relations office.

On base, violators of the law will receive a ticket and points toward their base driving privileges, but no fine, according to Maj. Gregory S. Rooker, Provost Marshal, Marine Corps Recruit Depot. Points are assessed by the base magistrate, and the average penalty for using a handheld device while driving is two to four points, said Rooker. The level of the penalty is left to the discretion of the magistrate, he said.

Military family members who receive an on-base ticket must go to the magistrate court downtown to receive a fine, said Rooker.

"We are hoping for fewer tickets," said Rooker. "We have given warnings for a long time and posted the law at all the gates. After July 1, we will issue tickets."

8th MCD commanding officer explores his father's past

BY STAFF SGT. J. J. RODRIGUEZ 8th MCD

Every Marine starts his life in the Marine Corps by meeting the one person he will never forget. They may hate the voice that is forever imprinted in his mind, but one thing is for sure – Marines never forget their drill instructors. This was the case for Larry Toal, the father of Col. Mark J. Toal, the commanding officer of the 8th Marine Corps District.

In the colonel's office hangs his father's boot camp platoon photo from 1953. Every time he looks at it he is reminded of not only his father who died in 1997, but of the stories his father told to him as a child of the senior drill instructor, Sgt. Raymond E. Kiemel.

On a whim, Toal searched the internet for Kiemel and found his address through the 1st Battalion, 7th Marine Regiment, Korea Web site. He wrote Kiemel a letter, and to his surprise, Kiemel answered.

On a recent trip to San Diego, Toal met Kiemel for dinner, and during their conversation, Toal

realized that his father's first Marine mentor was a true American hero.

Kiemel is a Korean and Vietnam War veteran, and a former recruiter, as well as drill instructor.

The 76-year-old joined the Corps in August 1948, the same day he turned 17. As a youth, Kiemel was a cadet at Mount Lowe Military Academy in Altadena, Calif., and followed every campaign in World War II.

"I yearned for that individual attention and was very impressed with the Marines," Kiemel

His mother signed the enlistment paperwork and he received the individual attention he craved upon reporting to boot camp.

As a private first class, Kiemel spent his first two years in the Corps at Marine Barracks Subic Bay, Philippines. In September 1950, he was assigned to 1st Battalion, 7th Marine Regiment as a heavy machine gunner under the leadership of Medal of Honor recipient Col. Raymond Davis.

SEE Father's past, pg. 3



Retired captain Raymond Kiemel, right, talks with depot drill instructors May 2. Kiemel, a former recruiter and two-time war veteran, served as a drill instructor in the early 1950s. In his final platoon, Kiemel trained Pvt. Larry Toal, the father of 8th Marine Corps District commanding officer, Col. Mark Toal. Staff Sqt. Jeff Janowiec



ON RAPPEL!

Company C recruits learn the art of rappelling

Recruit Spotlight

Brothers complete recruit training together

6



Tuesday's and Thursdays at the fitness center 8

Be alert: check-fraud scams may cost thousands

BY CPL. CARRIE C. RUIZ Chevron staff

he depot's Legal Assistance Office is warning service members and their families against a recent outbreak of the Nigerian Counterfeit Cashier's Check Scam that has targeted three members of the depot family in the past two months.

In one case, an individual was conned out of \$6,000 in a check-fraud scam. Another individual received a suspicious check and brought it into the Legal Assistance Office; the check turned out to be fraudulent and the person avoided being swindled.

The victim, who asked to remain anonymous, was browsing the classified ads online for a job where she could work from home. She found one located in the Unit ed Kingdom that was looking for a payment officer to handle their American clients. The scammer explained to her that her job would be to cash money orders, send the cash back to him and keep 10 percent for herself. She did this

for three checks, but when she took the forth check to her own bank, they immediately told her it was fraudulent.

Over time the three checks she had cashed with the other bank also came back as fraudulent. She said that when she tried to contact the scammer, he never responded.

"I was held liable for the money lost and now I am in a considerable amount of debt because of this scam," said the victim. "All I was told I could do was file a complaint over the internet."

The victim said that since she was scammed, she has been contacted by many other con artists looking to hire her for similiar jobs.

There are many different variations of the Nigerian Counterfeit Cashier's Check Scam, the scammers have some very sophisticated schemes, according to Angela Anderson, general attorney, Legal Assistance Office.

Individuals are targeted through sales ads, lotteries and secret shopper scams. The payment can come in the form of counterfeit cashier's checks, money orders, corpo-

rate or personal checks that look so genuine that many banks cannot tell they are illegitimate.

> The scammers often target consumers who are selling high-priced items through classified or online auction ads, according to www.consu merfraudreporting.org.

The scammer will reply to the ad and ask if he can pay for the merchandise using a check. They then concoct a reason for writing a check for more than the purchase price, and ask the seller to wire back the difference after he deposits the check.

It may take two or three weeks to confirm the check's authenticity. By then it is too late for the victim, who has already wired the money to the con artist, and they are held liable for paying the bank back.

"The scammers make their ads seem so believable, and often try to connect with the consumer using religion or common interests," said the

In a lottery scam, a consumer receives a letter notifying them that they have and Thursdays from 8-10 a.m.

won the lottery. Accompany ing the letter is a check and a note explaining the process to deposit the check and wire back the funds to cover the taxes and fees for the lottery winning. When the check bounces, the consumer is held responsible for the withdrawal made and must pay

BRIEFS

Traffic citations

Violators of depot order 5100.10B,

dated Sept. 3, 2003, will be is-

sued on-base citations for wearing

portable headphones, earphones or

other listening devices while op-

walking, skating, skateboarding

or bicycling on depot streets. The

prohibition against these devices is

prevent recognition of emergency

signals, alarms and announcements.

The devices also block the sound of

approaching vehicles, human speech

and the ability to determine the di-

rendering the wearer incapable of

avoiding hazardous situations.

Flag football league

rection from which sound is coming,

The Commanding General's Cup

Flag Football League is under way.

Games are held on Tuesdays and

Wednesdays. Marine Corps Com-

munity Services sponsors the games

which are open to MCRD active duty

and MCCS DoD employees on the

depot. For information, call (619)

Rock 'n' Roll Freedom Fun

The depot will host the 3-mile Rock

'n' Roll Freedom Fun Run Wednesday

at 1 p.m. at the Boathouse and Marina.

Race-day registration begins at 10:30

a.m. The event is free and open to the

public. There will be a free barbecue

after the run. For information, call

http://www.mccsmcrd.com.

Auto Car Care Class

(619) 524-5655 or register on-line at

Active duty, reservists, retirees and

DoD personnel and their guests are

invited to learn car stereo and alarm

installation, and window tinting. The

class is scheduled for July 10 from 11:

30 a.m. - 3 p.m. at the depot Auto

Skills Center. For information, call

524-0548.

for the safety of the user. The devices

erating a motor vehicle or jogging,

back the bank. In a secret shopper scam, a consumer is hired as a secret shopper, and his first job is to evaluate a money transfer service. The consumer is given a check and told to deposit it in his bank account and withdraw the amount in cash. Then, the consumer is told to take the cash to the money transfer service and send the transfer to a person in another city. When the deposited check bounces, the consumer is held liable to the

Service members and civilians who receive suspicious checks or have questions regarding these scams should contact the Legal Assistance Office (Bldg. 12) at (619) 524-4105 immediately. Walk-in hours are Tuesdays

Father's past, from pg. 1

He took part in the Inchon Landing in Korea. Under the worst of tidal conditions, along with a contingency of Marines, Kiemel scaled the bay walls under intense fire. From there he moved throughout Korea from Chosin to Hagaru-ri through the Fuchilin Pass to Koto-ri.

There were two major events that stand out in Kiemel's mind during this

The first was manning a road block Nov. 10, 1950, when he saw a Marine Jeep and trailer accompanied by armed guards quickly approaching.

"Why would they want to pay us out here?" he thought. The trailer turned out to be filled with bread, rather than paychecks, which Kiemel said was better because the men hadn't eaten bread in several weeks. Guards were there to keep the distribution of bread orderly, and each Marine received a third of a loaf.

"That was the best bread I ever tasted," said Kiemel. It would be many weeks

before they had bread again. On Nov. 25, 1950 Kiemel's Machine gun squad had set up another road block on the main supply route at Yudamni. Two days later, just before dawn, Chinese communist troops appeared from seemingly nowhere—ensuing some of the worst fighting of the war. The Battle of Chosin Reservoir had begun. Kiemel did not yet know it, but this part of his life would ensure his place in history as part of the The Chosin Few.

"The fighting was so ferocious that night that we burned out a barrel from one of the .30-caliber water cooled machine guns which required antifreeze to operate in the brutal cold," he recalled.

Later it was determined that the Marines fought off approximately 60,000 troops.

In May 1951, Kiemel left Korea and returned to Marine Corps Recruit Depot San Diego, Calif., and served as a drill instructor.

At only 20-years-old then, Cpl. Kiemel had already seen war. His experience at Inchon and Chosin served him well while training the future Marines, Kiemel said.

"My dad attributed his discipline and values to the Marine Corps," said Toal. "As long as I can remember I heard stories of Sgt. Kiemel. He was a direct connection to my father and his service in the Marine Corps. He has always been a Marine hero in my eyes," recalled Toal.

Only a month after graduating his first platoon of Marines, Kiemel attended the newly-established Drill Instructor School at MCRD and was in the first graduating class. He made the rank of sergeant and soon became a senior drill instructor. With exception of one platoon, every one of his platoons graduated with honors.

Kiemel graduated his last platoon in May 1953. Larry Toal was in that platoon. Kiemel then applied and was accepted to recruiting duty and was assigned to Recruiting School at MCRD Parris Island S.C. After graduating, he was

Squadron 1, part of Marine Air Group 11.

ment to Corregidor. In 1958, MAG-11 was called to defend the city of Kaohsiung on the southern tip of Taiwan. It seemed Chinese Communists began shelling Matsu and Quemoy islands in the Taiwan Strait in an attempt to take

On September 1956, with ed in 1959 when he received orders to Marine Logistics Center Barstow, Calif. His primary responsibility there was in quality control; checking the repair and rebuilding of all radar equipment at the facility. In 1962 he met and married his wife Carolyn. The couple lived there until March 1963 when he received orders back to MCRD San Diego where

One of Kiemel's assignments was to help coordinate the "McNamara Line," named for then Secretary of Defense Robert McNamara. The line ran from Cua Viet to Khe Sanh. The purpose of the line was to keep northern infiltrators from com-

ing through the demilitarized

zone into South Vietnam. Kiemel and his team periodically traveled along the line from Dong Ha to inspect the equipment and maintenance

The base at Cua Viet, located on the China Sea, was situated on deep sand. During one inspection trip they experienced an enemy artillery barrage. ankle-deep sand toward a bunker for cover, Kiemel recalled feeling as if he were in a slow the deep sand smothered some of the shrapnel from the artillery shells, making them less

Kiemel made it to the rank Air Station Olathe, Kan.

Meeting Col. Toal brought back many memories for Kiemel and the confidence in the Corps he left behind many years ago

referring to Toal.

Toal said Kiemel still looks Marines.

"Finding "Sgt." Kiemel and meeting him was really an honor," said Toal. Just like his father; he will never forget

CHEVRON/PUBLIC AFFAIRS OFFICE



for the first time in March 2008 in San Diego. Kiemel was Toal's father's drill instructor in 1953. Toal felt compelled to meet the man about whom his father had shared so many stories. Photo courtesy of Col. Mark Toal/8th MCD

Kiemel's tour in Japan end-

he was assigned to Advanced

received orders to MACS-2 in

It was during this time that

the Vietnam War started. He

did not immediately go with

the first wave because his unit

stayed behind in Kaneohe Bay.

gunnery sergeant and then to

temporary second lieutenant.

he was a temporary second

lieutenant he continued to

concurrently be promoted in

to master sergeant just before

deploying to Vietnam and to

ranks while in Vietnam.

warrant officer 2 in the officer

Da Nang, Vietnam, and joined

Communications Company,

Headquarters Battalion, 3rd

Marine Division. He was the

platoon commander for Com-

munications Repair Platoon.

It was 1966, Kiemel went to

the enlisted ranks. He made it

According to Kiemel, while

Electronics School until he

Hawaii

transferred to Aurora, Ill., which fell under the 9th Reserve and Recruitment District now called the 9th Marine Corps District.

Kiemel had a successful recruiting tour in Illinois and was even awarded for recruiting the most women at a time when the Marine Corps was pushing to recruit more women into the Corps.

his recruiting assignment coming to an end and now a staff sergeant, Kiemel applied for a lateral move into the electronics field. Upon completing the 16-week electronics school at Naval Station Great Lakes, Chicago, Kiemel was sent back to MCRD San Diego for radar school. Then he was sent to Atsugi, Japan, for service with Marine Air Control

Kiemel's squadron returned to Atsugi after a deploy-

records.

Running for his life through the motion nightmare. Fortunately, effective.

Kiemel received the Navy Commendation Medal with valor for his actions in Vietnam. After Vietnam Kiemel was promoted to first lieutenant and returned to Hawaii and then back to MCRD San Diego. Kiemel continued to advance in his career and was promoted to

of captain and retired from the Marine Corps in 1971 at Naval

"He was everything I think a Marine should be," said Kiemel

like he could train a few more

"Sgt." Kiemel.



COMMANDING GENERAL Brig. Gen. Angie Salinas

SERGEANT MAJOR SGT. MAJ. BRIAN K. JACKSON **PUBLIC AFFAIRS DIRECTOR** Maj. Christopher B. Logan christopher.b.logan@usmc.mil

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Diego. The platoon's senior drill instructor was Sgt. Raymond Kiemel. Official USMC Photo

Private Larry Toal, Col. Mark Toal's father, graduated from recruit training with Platoon 96 in 1953 in San

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The Chevron, printed with appropriated funds in compliance with Marine Corps Order P5600.31F, is published by Marine Corps Recruit Depot San Diego personnel. Opinions and views expressed herein are not necessarily those of the Marine Corps or the Department of Defense. The Chevron is promulgated for informational purposes only and in no way should be considered directive in nature. All photos are official USMC property unless otherwise indicated.

problem, the Lemon Law requires the members to qualify for relief using the BY LANCE CPL. SHAWN DICKENS manufacturer to either repur-California Lemon Law even if Chevron staff

New amendment benefits military members

On January 1, an amendment to the Song-Beverly Consumer Warranty Act took effect. The act, also known as the "Lemon Law," was changed so that it

now protects all military personnel stationed in California. The Lemon Law protects consumers who buy or lease a motor vehicle that is still under manufacturer's warranty. If the vehicle has recurring problems affecting the use, value or safety of the vehicle and the vehicle manufacturer is unable to fix the

chase or replace the vehicle at the consumer's Prior to Janu-

ary 2008, the California only protected consumers who purchased vehicles in California. The new amendment however, allows

military service

their vehicle was purchased in a different state. facturer sells

Service members can file a claim if the vehicle manuvehicles in California, and the service member is stationed in California at the time of the vehicle purchase or at the time

(619)524-5240. in which the Lemon **MOAA luncheon** Law action is filed.

> The San Diego Chapter of the Military Officers Association of America hosts a luncheon July 14 at Tom Hams Lighthouse Restaurant on Harbor Island.

Guest speaker is Gerald Hosenkamp, who spent many years in Lebanon and Saudi Arabia in a legal and economic advisory capacity to the Saudi Royal Family and the Rafio Hariri family of Beirut. He was injured in the terrorist attack at the Marine Barracks Oct. 1983. All civilian and military personnel are welcome.

The event is scheduled for 11 a.m. until 2 p.m. Lunch will be served at about 12:45 following check-in and a brief business meeting. Hosenkamp will speak after lunch and will be available for a question and answer

Admission is \$20 per person. For reservations and information, call (858) 442-0668 or e-mail bmarcum@san.rr.com by Wednesday,

SEND BRIEFS TO: roger.edwards@usmc.mil. The Chevron staff reserves the right to publish only those briefs that comply with Department of Defense regulations and the standards of the U.S. Government.

The mule's story can show the way through life's challenges

CHAPLAIN RONALD R. RINGO MCRD H&S Battalion

With all that has been going on in the world, you, like me, may have been feeling a bit overwhelmed lately. I know that many with whom I have been talking recently, say they feel anxious and shaky because their plates are full.

Do you feel the same? We, as a people, have been through a lot. Many have been glued to the TV watching war developments, elections and the weather.

I'd like to share a story that I used at one of our alcohol rehabilitation centers. A farmer owned an old

mule. The mule fell into a dry well. The farmer heard the mule braying and found the mule. He sympathized with the mule, but decided that neither the mule nor the well was worth the trouble of

Instead, he called his neighbors together, told them what had happened, and enlisted them to help haul dirt to bury the old mule in the well and put him out of his misery.

Initially the old mule was

hysterical. But, as the farmer and his neighbors continued shoveling, a thought struck him. It dawned on him that every time a shovel load of dirt landed on his back, he could shake it off and step up. This he did blow after blow. "Shake it off and step up, shake it off and step up, shake it off and step up! No matter how distressing the situation seemed the old mule fought panic and just kept right on shaking it off

and stepping up. It wasn't long before the old mule, exhausted, stepped triumphantly over the wall of that well. What seemed like

it would bury him actually helped him, all because of the manner in which he handled

his adversity. That's life. If we face our problems and respond to them positively, and refuse to give in to panic, bitterness or self-pity, the adversities that come along to bury us, usually have the potential to benefit us.

We all will face times of great darkness, hurt and trouble. In the scriptures, the ancient prophet Micah gave us words of hope. He said, "When I sit in darkness, the Lord shall be a light unto

To find the light that will guide us through our difficult times and troubles, we might want to look to our Lord for divine inspiration and assistance. Then, like the mule in the story, we may see opportunities we hadn't before noticed.

Like the mule, we may be battered and bruised and feel panicked at times, but "shake it off and step up" will

overcome our trials. We will grow in strength and build confidence in knowing that we don't have to ever go it alone. God is there. He invites us to allow him to be a light that guides and assist us to a happier, brighter future.

My favorite scripture verse says, "He giveth power to the faint; and to them that have no might he increaseth strength. But they that wait upon the Lord shall renew their strength; they shall mount up as on eagle's wings; they shall run and not be weary; and they shall walk and not be faint." (Isaiah 40:

29 & 31) This is meant for each and ever one of you to take courage and know that we never have to completely go it alone.

CHEVRON | FEATURE | IUNE 27, 2008 CHEVRON | **FEATURE** | JUNE 27, 2008



Private Gustave Tucker, Platoon 1046, Company C., rappels down the wall of the rappel tower using his right hand to adjust his speed as he descends.

Recruit Randal Paul, Platoon 1046, Company C, throws his carabineer into a footlocker after completing his three rappel exercises. During rappel training, recruits learn how to scale down a wall, fast rope and rappel from a simulated helicopter, Col Carrie C Ruiz/Chevron

Company C recruits take training to another level

BY CPL. CARRIE C. RUIZ Chevron staff

During boot camp recruits are faced with an array of challenges. On June 12, Company C recruits faced one of the largest challenges yet, the depot's 60-foot rappel tower.

Before stepping foot onto the tower, the recruits are given thorough classes on the basics of rappelling and how to make a safety harness. The safety harness is comprised of a six-foot rope that is bound around the legs and hips, and secured by a series of square

"The class we received was really informative because the instructors broke everything down and explained to us how each piece of the equipment works," said Recruit Justin Silva, Platoon 1047, Co. C.

During the classes, recruits learn three different forms of rappelling: fast roping down both the wall and from a simulated helicopter hell hole and wall rappelling. The term hell hole refers to the hole in a helicopter's fuselage where the crew chief lays flat on his stomach and often encounters rotor wash, dust and other debris.

Fast roping, a method used for quick insertion into an objective from a helicopter, is the first technique recruits learn during this training phase and is the fastest insertion technique. When recruits fast rope off the tower, the only safety gear used are gloves. They then grab hold of the rope with their hands and feet and slide down it similar to a fire fighter on a pole in a firehouse.

Fast roping from a hell hole is useful for deploying troops from a helicopter at high altitudes in places where the helicopter itself is unable to land. While descending from the simulated hell hole that is located in the center of the tower, recruits wear full safety gear, unlike when fast roping down the wall.

The final rappelling technique the recruits learn is wall rappelling which is done over the side of the tower simulating rappelling down the side of a building.

After being given the class on rappelling methods, recruits are issued the respective safety gear which consists of a tactical helmet, gloves, ropes and a carabineer.

An instructor designated as the belay man is located at the bottom of the tower to spot the recruits as they rappel. If a recruit falls or loses his footing, the belay man kneels and pulls on the rope to stop the recruit in place so that he could regain his position and continue his descent to the ground.

Once recruits make it safely to the ground, they are instructed to run backwards in order to unhook themselves from the rappel rope and do a jumping-jack to show the instructor they are off the rope.

With some of the recruits having a fear of heights, the instruc-

tors must be patient, said Sgt. Michael Gilliland, drill instructor, Platoon 1047, Co. C.

"A senior drill instructor is employed on the top of the rappel tower to motivate the recruits if they freeze," said Gilliland. "This is one of the few times that we try not to stress them out. We want them to complete the obstacle properly and safely."

Silva, a Burbank, Calif., native said that the hardest part of the rappel tower was gaining enough courage to trust the equipment.

"I have always had a fear of heights, so when I got to the top of the tower that fear kicked in," said Silva. "Once my feet were stable on the wall and I began walking down the side of the tower, I gained more confidence and completed the exercise with ease.

"I was excited once I made it safely to the ground and actually wanted to do it again. It turned out be really fun," Silva continued.

Recruits with the an infantry military occupational specialty may implement the rappel techniques in the Fleet Marine Force, but the primary reason they rappel is to build confidence in their abilities, said Sgt. Moises RuizMarquez, drill instructor, Instructional Training Co. .

Although some Co. C recruits have non-combatant military occupational specialties and may not rappel again, their initial training on the depot's rappel tower is an experience they will never forget.



Recruits from Company C help each other quickly remove their safety gear after completing all of the rappel exercises. Recruits are issued a tactical helment, gloves, ropes and a carabineer as part of their safety gear.



Sergeant Chad Otis, drill instructor, Instructional Training Company, center, supervises as Sgt. Anthony Brown, drill instructor, ITC, right, unhooks a Company C recruit from the rappel rope. Recruits are instructed to run backwards in order to unhook themselves from the rappel rope and execute a jumping-jack to show the instructor they are



Company C recruits rappel down the side of the depot's 60-foot rappel tower June 12. Though rappelling is physically demanding, it can also be mentally challenging for the recruits. Cpl. Carrie C. Ruiz/Chevron

CHEVRON | RECRUIT FEATURE | JUNE 27, 2008 CHEVRON | GRADUATING COMPANY | JUNE 27, 2008

Brothers in blood, brothers in arms

BY CPL. ROBERT W. BEAVER Chevron staff

Three months ago they went to boot camp as brothers on the Buddy Program—a recruiting incentive that allows friends to go through boot camp together.

Today, Lance Cpl. Jonathon and Pfc. Curtis Bailey, Platoon 1042, Company C, walk across Shepherd Memorial Drill Field as two of the top Marines in their company.

Jonathon, 18, was promoted from platoon scribe to the guide, while his older brother Curtis, 22, served as second squad leader.

Jonathon took his success to the next level, earning the title of company honorman the top Marine in the company.

In boot camp they stuck together, just as they did when they were younger.

Curtis and Jonathon said they grew up as best friends in the 100 degree temperatures of Mesa, Ariz.

Jonathon said they did virtually everything together,

including skateboarding, playing sports and sharing rooms. Regardless of their unity, the brothers often fought.

"There have been times when we thought we hated each other," said Curtis. "But no matter what happened, we got past it and things got better."

Despite their differences, Curtis and Jonathon had dreams. Curtis wanted to become a firefighter and believed his calling in life was to eventually become a

grew stronger. Curtis' wife worked at the local mall in a shop near a recruiting office. While visiting his wife at work, Curtis decided to talk to the recruit-

> "The Marine Corps caught my eye because they had higher standards," said Cur-

ers of each branch of service.

pastor. Jonathon wanted to

football coach.

be a high school teacher and

Curtis graduated from

Skyline High School in 2004,

He began taking college

three years before his brother.

courses in fire science in pur-

suit of becoming a firefighter.

They also worked together as

electricians until Jonathon

ried and moved away from

each other, but their bond

graduated from high school.

They both eventually mar-

After speaking with a Marine recruiter several times and discussing options with his wife, Curtis knew he would be making the right choice by signing up.

"I never second-guessed myself," said Curtis. "The Marine Corps would help me help my family while giving back to my country."

Curtis decided he would take a break from school to concentrate on the Marine

"School would take me several years to complete," said Curtis. "I realized I needed to do something that could change me right now. The Marine Corps will give me the traits and education I need to be successful throughout my life."

Curtis was convinced he wanted to become a Marine and it did not take long before his little brother followed

"It wasn't until I finished high school that I was grown up enough to realize what 9/11 meant," said Jonathon. "I realized that there's more in life than just me."

The brothers began recruit training in April. They motivated, helped and supported each other through the often stressful boot camp environ-

Jonathon decided to take his performance to a new level while serving as the platoon administrative assistant known as the scribe. He began taking charge of other recruits and motivating them to accomplish the mission.

"(Jonathon) quickly established himself as a natural leader in the platoon," said Staff Sgt. Timothy L. Brown Jr., senior drill instructor, Platoon 1042. "Since the first phase he showed that he was the guy for the job."

Brown, a native of Fredericksburg, Va., said that Curtis started to show his potential during the second phase of training. He showed that he was capable of being the platoon guide as well. Brown said he often used Curtis to stand in as guide while his brother was absent for ap-

Consequently, the Bailey brothers' leadership helped make their platoon strong, which was named honor platoon for Company C, said

Holding the position as the platoon's guide, Jonathon also had to compete against the other platoon's guides for the title of company honorman.

"Everybody in the platoon helped me," said Jonathon. "Wherever I went, my fellow recruits quizzed me on knowledge, military bearing and my confidence."

With the help of his blood brother Curtis and his brothers in arms, Jonathon won the company honorman board. He was meritoriously promoted to lance corporal and will be graduating today as the senior Marine in his

The Bailey brothers contracted in the aviation maintenance field. They will be returning home to their families for 10 days of boot camp leave before attending Marine Combat Training at the School of Infantry, Marine Corps Base Camp Pendleton, Calif.



Pfc. Curtis, left, and Lance Cpl. Jonathon Bailey, Platoon 1042, Company C, joined the Marine Corps as brothers on the Buddy Program. Curtis held the position as the second squad leader while Jonathon was the platoon guide. Staff Sgt. Timothy L. Brown, senior drill instructor, Platoon 1042 said that their natural leadership abilities helped the platoon earn the title of honor platoon. Cpl. Robert W. Beaver/Chevron

Brigadier Gen. Charles M. Gurganus

PARADE REVIEWING OFFICER

Brigadier Gen. "Mark" Gurganus graduated from the University of North Carolina and was commissioned in May 1976. After The Basic School, he served as a rifle platoon commander and company executive officer in 2nd Battalion, 1st Marines from 1977 to 1979.

Other operational assignments included assistant operations officer, Rifle Company commander, and Weapons Company commander with 3rd Battalion, 6th Marines from 1984 to 1987; commanding officer, 3rd Battalion, 6th Marines and Plans and Policies, 2nd Marine Division from 1995 to 1997; Operations, current operations officer, III Marine Expeditionary Force from 2001 to 2002; deputy commander, 4th Marine Expeditionary Brigade from 2002 to 2003; commanding officer, 8th Marine Regiment from 2003 to 2005; commanding officer, Regimental Combat Team 8 from March 2005 to August 2005 in Al Anbar Province, Iraq; operations officer, 2nd Marine Division; assistant division commander 2nd Marine Division from 2006 to 2008; as assistant division commander served as the Ground Combat Element commander, II Marine Expeditionary Force (Forward) in Al Anbar, Iraq from February 2007 to February

Supporting establishment duties included executive officer and commanding officer, Marine Detachment, USS America from 1979 to 1981; aide de camp

to the commanding general, Marine Corps Base, Camp Lejeune, N.C. from 1981 to 1982; company commander at the Infantry Training School from 1982 to 1983; depot training officer, officer-incharge of the Field Training Unit, and operations officer of Support Battalion at Marine Corps Recruit Depot, Parris Island, S.C., from 1987 to 1990; Officer Candidate School company commander 1990; and Marine Air-Ground Task Force staff training program instructor from 1992 to 1995. Joint assignments include chief, Deployable Training Team, Joint Warfighting Center, U.S. Joint Forces command from 1998 to 2001.

Professional military education assignments include Infantry Officers Advanced Course, Fort Benning, Ga.; Marine Corps Command and Staff College and School of Advanced Warfight-

ing, Quantico, Va; and National War College, Washington, D.C.





Mesa, Ariz.

Recruited by



SERIES HONOR MAN Pfc. P. Jager Colorado Springs, Colo. Recruited by



Pfc. B. C. Madlon Provo. Utah Recruited by



PLATOON HONOR MAN Pfc. S. R. Lake McMinnville, Ore Recruited by



PLATOON HONOR MAN PLATOON HONOR MAN Pfc. T. E. Brawner III Pfc. G. W. Truttmann Houston Green Bay, Wis. Recruited by



St. Cloud, Minn Marksmanship Instructo



Elkhart, Ind. Recruited by

CHARLIE COMPANY



June 12. These recruits graduate from 13 weeks of boot camp today in a ceremony on the depot's Shepherd Memorial Drill Field. Cpl. Carrie C. Ruiz/Chevron

1ST RECRUIT TRAINING BATTALION Lt. Col. R. D. Paul Sergeant Major Sgt. Maj. K. D. Simburger Lt. D. J. Carlson

COMPANY C Commanding Officer Capt. M. E. Feuquay 1st Sqt. R. S. McDermo

Staff Sgt. J. Romero

SERIES 1041 Series Commande Capt. D. M. Dalby Gunnery Sgt. E. J. Robles

PLATOON 1041 Gunnery Sgt. G. D. Carruth Gunnery Sqt. S. A. Andersor Sgt. B. L. Bishop

Pvt. E. T. Alexander

*Pfc. R. A. Ashton Pvt. J. Barron Jr. Pvt. E. R. Caldwell Pvt. F. Carlston Pvt. L. F. Castro Pvt. B. M. Challans Pvt. C. R. Christie Pvt. J. L. Cobain Pfc. D. J. Dager Pvt. J. A. Depinet Pvt. M. C. Diersen II Pfc. A. M. Dunigan Pfc. N. T. Edgar Pvt. M. C. Frain Pvt. M. C. Frye Pvt. J. L. Gonzalez J Pfc. E. A. Gossman *Pfc. P. M. Guild Pvt. P. Guzman Pvt. R. L. Harper Pvt. M. I. Henderson Pvt. S. R. Horsley II

Pvt. D. L. Keller Pvt. S. J. Konecn Pvt. M. A. Kooken Pvt. J. L. Little Pfc. J. E. Lizarraga Pfc. B. C. Madlor *Pfc. A. Madrid Pvt. J. Maranon J Pvt. J. A. Marino Pvt. R. Medina Jr. Pvt. O. C. Mena Pfc. A. Montanez Jr Pvt. D. J. Murphy

Staff Sqt. S. A. Molna Sgt. J. K. Walls Pvt. M. E. Acevedo Pfc. N. A. Akers Pfc. A. Arciniega Pvt. T. J. Augustin Pvt. T. J. Baber Pfc. C. J. Bailey Lance Cpl. J. M. Bailey Pvt. S. C. Birt *Pfc. K. D. Bradley Pvt. M. S. Briscoe Pvt. M. J. Carroll Pvt. C. L. Carson *Pfc. A. Chapman Pvt. Z. C. Cleveland Pvt. N. L. Edwards Pvt. M. Eldridge Pvt. G. R. Felice Pvt. E. J. Felton Pvt. M. A. Flores Pfc. C. I. Fobes Pvt. D. E. Ford

Pvt. A. Garcia

Pvt. A. B. Garza

Pfc. R. M. Garza

PLATOON 1042

Senior Drill Instructor

Staff Sgt. T. L. Brown Jr

Pvt. L. A. Gregory Pvt. M. Hamilton Pvt. J. M. Hoeft Pvt. M. S. Huebner Pfc. J. R. Jenkins Pfc. J. A. Johnson Pvt. M. L. Johnson Pvt. A. Kevser Pvt. C. R. Kientz Pvt. S. P. King Pvt. J. A. Krumsie Pvt. J. M. Jandolt Pfc. S. B. Lowe Pvt. B. D. Madde Pvt. M. M. Maes Pvt. E. Martinez Pfc. C. W. Meie Pvt. M. J. Miranda Pvt. B. W. Paulson Pfc. L. A. Trinidad Pvt. R. B. Waggone Pvt. C. Wiegmann

PLATOON 1043 Senior Drill Instructor Staff Sgt. J. L. Valdez Drill Instructors Sqt. R. Cano Sgt. J. M. Davis Pfc. R. C. Acevedo Pvt. E. J. Anderson Pfc. B. A. Bacon Pvt. A. P. Bohling Pvt. C. L. Brooks Pvt. H. O. Harrison Pfc T D Butler Pvt. B. C. Carter Pvt. K. Chacon Pfc. N. A. Chresaido Pvt. C. J. Cooley *Pfc. B. E. Darlington Pfc. L. J. Dayberry Pfc. R. L. Figueroa *Pfc. Z. Flora Pfc. M. F. Fox

Pvt. E. M. Fulton

Pfc. S. M. Galvin

Pvt. F. D. Guerro-Luna Pvt. J. K. Iveste Pvt. L. O. Kendal Pvt. J. Kendrick Pvt. J. S. Kottwitz Pvt. A. Kotun Pvt. N. A. Labove Pfc. S. R. Lake Pvt. R. A. Landis Pfc. B. J. Lemmerma Pfc. L. A. Lopez Pvt. M. A. Mende: Pvt. G. B. Mountair Pfc. R. D. O'Neal Pvt. R. M. Ortiz Pfc. A. S. Warner Pfc. J. W. Welch

> Series Commander Capt. G. T. Mouer Series Chief Drill Instructor Staff Sgt. J. M. Mariscal PLATOON 1045 Senior Drill Instructor Staff Sgt. D. Silvaloase Drill Instructors Sgt. B. L. Fisher Sat. B. A. Woodruf Pvt. W. A. Allen Pvt. L. G. Algueza Pfc. M. Avila Vega

Pvt. L. J. Whitfield

SERIES 1045

*Pfc. N. S. Bell Pvt. C. A. Bouldin *Pfc. T. E. Brawner II Pvt. S. S. Broida Pvt. J. J. Burk Pvt. C. M. Carafas Pvt. R. L. Carr *Pfc. R. C. Castillo Pvt. B. Clark Pvt. C. E. Conway Pvt. T. K. Finn

Pvt. J. A. Galvan Ji Pfc. L. O. Garza Jr Pvt. A. J. House Pfc. C. C. Jones Pvt. M. A. Kenned Pvt. R. P. Kerschne Pfc. J. R. Lashley Pvt. F. W. Lee Jr. Pvt. S. Martin Pvt. N. C. Miller Pvt. B. A. Mitchel Pfc. R. W. Odil Pvt. J. M. O'Rourke Pvt. R. Palacios Pvt. J. P. Reed Jr. Pfc. N. R. Reese Pvt. R. C. Rude II Pvt. J. Sanchez *Pfc A A Schiefelbe Pvt. J. A. Smyth Pvt. E. W. St. Martin Pvt. W. E. Thomas Pvt. C. W. Weibley Pvt. J. D. Wheele Pvt. N. A. Wicker Pvt. M. D. Williams Pvt. C. Winters Pvt. D. W. Yates Ji

PLATOON 1046

Senior Drill Instructo

Staff Sqt. S. A. Scott

Sgt. O. Flamenco

Pvt. J. V. Adkins

Pvt. K. D. McCov

Pvt. C. M. Metzger

Pvt. R. M. Misfeldt

Pfc. C. D. Monreal

Pvt. C. D. Moreno Pvt. T. J. Nealon

Pvt. D. D. Middlecamp

Pfc. T. E. Fredrickson

Pvt. A. P. Whittingtor Pfc. H. R. Wilkie **PLATOON 1047** Senior Drill Instructor Staff Sgt. J. B. Game Drill Instructors Sgt. M. P. McNulty Sqt. N. Reyes Pvt. K. A. Baughman Pvt. J. A. Haiston Pvt. P. F. Meshak

Pvt. C. F. Organo II Pvt. J. T. Padgett-Melaney

Pfc. A. G. Papaziar

Pvt. C. G. Payan

Pfc. B. J. Pederso

*Pfc. J. Renfro Pvt. I. Reyes-Valdez

Pvt. P. N. Robison

Pvt. E. Rodriguez

Pvt. E. R. Rubalcava

Pvt. M. W. Sage

Pfc. C. J. Sanchez

Pvt. R. Sanchez Jı

Pvt. M. N. Sartin

Pvt. T. L. Semph J.

Pvt. R. C. Smoron

*Pfc. C. J. Stroh

Pvt. F. T. Tosie

Pvt. J. R. Trumbo

Pvt. G. E. Tucke

Pfc. B. L. Turner

Pfc. J. C. Turner

Pvt. C. J. Norton

Pvt. C. J. Peace Pfc. F. A. Peralta

Pvt. M. J. O'Connor

Pvt. K. M. Ortiz-Martinez

Pvt. D. Serrano Pvt. J. A. Silva Pvt A K Smith III Pvt. A. P. Smith Pvt. I. A. Smith Pvt. S. M. Spencer Pvt. J. C. Strater Pvt. M. E. Tilley Pfc. G. W. Truttma Pvt. B. Tupou *Pfc. J. Turner Pvt. R. Turriaga III Pfc. C. N. Valdespind Pvt. M. A. Valdez-Ramirez Pvt. F. A. Villalta Pvt. M. A. Villedaceres Pvt. M. D. Watkins Pvt. D. D. Wieringa Pvt. J. D. Williams Pvt. J. T. Wilmes Pfc. B. G. Wilson Pvt. D. V. Wilson Pfc. J. M. Wilson Pvt. M. Woodlan Pfc. D. R. Workman

*Pfc. R. B. Pool *Pfc. J. D. Quinn

Pfc. D. M. Robke

*Pfc. E. Rogers

Pvt. R. W. Rowe

Pvt. A. Saldana

*Denotes meritorious promotion

Pfc. C. Wright



Maria Wilmer, instructor, front, leads a series of warm-up exercises during a Pilates class at the depot Fitness Center Tuesday. Pilates exercises require patrons to use their own body weight as resistance for muscle toning and strengthening. Pilates also increases balance and flexibility. Classes are held each Tuesday and Thursday at 4:30 p.m.



Beth Sage, oral surgery assistant, Branch Dental Clinic, works out her core muscles during a Pilates class. Pilates helps to strengthen and elongate the muscles through precise and controlled movements. Lance Cpl. Jose Nava/Chevron



Simple exercise equipment is used during the class. The Pilates ring is squeezed and stretched to provide resistance to the leg and arm muscles, and increase the effectiveness of the work out. Lance Cpl. Jose Nava/Chevron

Pilates increases balance, core strength, flexibility

BY LANCE CPL. JOSE NAVA Chevron Staff

There are many classes and activities that a person can use to stay in shape at the Fitness Center on Marine Corps Recruit Depot San Diego, Calif., and the Pilates class puts a new twist on physical fitness

The class focuses on the mat exercises, which require only a floor mat, a ball, a ring and an instructor. Your body uses its own weight as resistance. Pilates is a form of resistance exercise to increase strength. Pilates also teaches balance and control of the body through precise and controlled movements.

"Pilates will help you gain flexibility, increase agility and build core strength," said Maria Wilmer, Pilates instructor at the Fitness Center. "Pilates also lengthens your muscles while improving your balance and coordination," she said.

The work out also uses a variety of simple exercise tools, such as rings and balls, to provide more resistance, more control and smooth movements, said Wilmer.

According to a study by American Council on Exercise, Pilates was found to provide a long list of benefits to include improved body mechanics, balance, coordination, strength and flexibility.

The class not only helps to strengthen and increase agility, but it also challenges a person's flexibility and agility so it can elongate and tone the muscles, Wilmer explained

Having the effect of strengthening the core muscles as well as the arms and legs, the class can also improve a person's physical fitness score or just help them stay in shape, said Wilmer.

"It strengthens my abs and works them out so that I feel the muscles being utilized during the routine," said class participant Beth Sage, oral surgery assistant, Branch Dental Clinic.

Another benefit from a Pilates workout is that it helps with injuries by providing a low impact full-body work out, said Wilmer.

There are different levels of difficulty offered during the class. The class follows a set sequence, with exercises following one another in a natural progression. Beginners start with basic exercises and build up to include additional exercises and more advanced positioning.

Most people say they stick with the program because it's diverse and interesting, according to kidshealth.org.

Joseph Pilates, the founder of the Pilates exercise method, designed his program for variety – people do fewer repetitions of a number of exercises rather than lots of repetitions of only a few. He also intended his exercises to be something people could do on their own once they've had proper instruction, cutting down the need to remain dependent on a trainer.

Pilates is held Tuesdays and Thursdays at 4:30 p.m. at the Fitness Center.



Service members and civilians do crunches in a Pilates class Tuesday at the Fitness Center. Pilates provides improved body mechanics, balance, coordination, strength and flexibility. Lance Col. Jose Nava/Chevron